



ALEXIA MICHIELS

Managing Partner, Resilience Institute,
Switzerland

I AM SPEAKING AT:

April 26th | 1:30 pm CET

2021 | IPMA GLOBAL
BEST PRACTICE WEEK
ONLINE EVENT

Based in Switzerland, originally from Belgium, Alexia is co-founder of the Resilience Institute Europe. With a degree in commercial and consular Sciences, Alexia worked 10 years in marketing and media before moving to China where she became a certified professional coach and a yoga instructor.

She now accompanies people and organizations that, in a complex environment, want to build their resilience skills and be ready to face the daily challenges of a transforming world.

Passionate about the resilience integral and practical approach, Alexia is a dynamic facilitator who will bring a “yoga” touch to her courses. She is the author of “The Resilience Drive” (Favre Editions, 2017).

